



## INVITATION

### 28th International German Masters Championships Swimming (50 m) 20<sup>th</sup> -22<sup>nd</sup> April 2012 in Cologne

Host: German Swimming Federation  
Organiser: Telekom-Post-Sportgemeinschaft Köln e.V.  
Venue: Landesleistungszentrum Köln-Müngersdorf,  
Guths-Muths-Weg 1, 50933 Köln

#### I. Competition facility

##### Competition Pool

Measurements: 50 x 20m  
Number of lanes: 8  
Lane Lines: wave breaking lane lines  
Depth: 2,00m  
Water temperature: approx. 26 °C  
Timing: electronically (Omega)

#### II. Schedule for warming up and warming down

Warming up and down in the competition pool is scheduled as follows:

Thursday, April 19<sup>th</sup>, 2012: 18.00 – 20.00 (3 lanes)

Friday, April 20<sup>th</sup>, 2012 – Sunday, April 22<sup>nd</sup> 2012: From 08:00 am up to ten minutes prior to the start of the competition. During the whole completion warm down is possible in the diving pool (20x20 m).

During warm up in the competition pool lane 1 is exclusively reserved for sprints. The one-way arrangement shall be respected. Lane 8 is exclusively reserved for elder swimmers and a slow warming up. If necessary the starting time might be rescheduled. The exact schedule will be found in the final entry list.

### III. Competition Schedule, Qualifying Times

The following qualifying times are mandatory for the age groups 20 to 75. There are no qualifying times for swimmers of the age group 80 and above. There are no qualifying times for relays.

#### 1<sup>st</sup> Session: Friday April 20<sup>th</sup>, 2012

Start: 10.00 am

Discipline	AG 20	AG 25	AG 30	AG 35	AG 40	AG 45	AG 50	AG 55	AG 60	AG 65	AG 70	AG 75
1 400 m IM F	6:10,0	6:20,0	6:35,0	6:50,0	7:10,0	7:35,0	8:00,0	8:30,0	9:00,0	9:30,0	10:00,0	10:30,0
2 400 m IM M	5:40,0	5:50,0	6:10,0	6:25,0	6:45,0	7:05,0	7:25,0	7:45,0	8:05,0	8:30,0	9:00,0	9:30,0

#### 2<sup>nd</sup> Session: Friday April 20<sup>th</sup>, 2012

Start: 90 minutes after the end of the 1st Session

3 200 m Back F	3:00,0	3:05,0	3:15,0	3:25,0	3:35,0	3:50,0	4:10,0	4:30,0	4:50,0	5:20,0	5:40,0	6:00,0
4 200 m Back M	2:45,0	2:50,0	2:55,0	3:00,0	3:10,0	3:25,0	3:40,0	3:55,0	4:10,0	4:32,0	4:45,0	5:00,0
5 4x200 m Free F	---	---	---	---	---	---	---	---	---	---	---	---
6 4x200 m Free M	---	---	---	---	---	---	---	---	---	---	---	---

#### 3<sup>rd</sup> Session: Saturday April 21<sup>st</sup>, 2012

Start: 09.00 am

7 800 m Free F	12:00,0	12:30,0	13:00,0	13:30,0	14:15,0	15:00,0	15:45,0	16:30,0	17:30,0	18:30,0	20:00,0	21:30,09
8 200 m Bu M	2:45,0	2:50,0	2:55,0	3:00,0	3:10,0	3:25,0	3:45,0	4:05,0	4:25,0	4:50,0	5:20,0	5:50,0

#### 4th Session: Saturday April 21<sup>st</sup>, 2012

Start: 90 minutes after the end of the 3<sup>rd</sup> Session

9 200 m Bu F	3:00,0	3:10,0	3:25,0	3:40,0	3:55,0	4:15,0	4:35,0	4:55,0	5:15,0	5:35,0	5:55,0	6:15,0
10 1500 m Free M	20:30,0	21:00,0	22:00,0	23:00,0	24:00,0	25:00,0	26:00,0	27:00,0	28:00,0	29:00,0	30:00,0	31:30,0
11 4x200 m Breast F	---	---	---	---	---	---	---	---	---	---	---	---
12 4x200 m Breast M	---	---	---	---	---	---	---	---	---	---	---	---

#### 5<sup>th</sup> Session: Sunday April 22<sup>nd</sup> 2012

Start: 09.00 am

13 400 m Free F	5:25,0	5:40,0	6:00,0	6:20,0	6:40,0	7:00,0	7:30,0	8:00,0	8:30,0	9:00,0	10:00,0	10:30,0
14 400 m Free M	5:05,0	5:15,0	5:30,0	5:50,0	6:00,0	6:20,0	6:45,0	7:10,0	7:35,0	7:55,0	8:20,0	8:40,0

#### 6<sup>th</sup> Session: Sunday April 22<sup>nd</sup>, 2012

Start: 60 minutes after the end of the 5<sup>th</sup> Session

15 200 m Breast F	3:20,0	3:25,0	3:35,0	3:45,0	3:55,0	4:05,0	4:20,0	4:35,0	4:50,0	5:00,0	5:20,0	5:40,0
16 200 m Breast M	3:00,0	3:05,0	3:10,0	3:15,0	3:20,0	3:30,0	3:40,0	3:50,0	4:00,0	4:10,0	4:20,0	4:40,0

## IV General Conditions

### 1. Participation

The Competition Rules (WB), the Legal Order and the Anti-Doping-Regulations of the German Swimming Federation apply. The competition is open to members of clubs or teams affiliated to a National Federation which is a member of FINA.

Swimmers must be at least 20 years old (see WB §152, paragraph 1). Swimmers belonging to the A-B- and S-Squad of the German Swimming Federation have no right to participate.

There will be no second starts after any disqualification.

### 2. Age Groups

The classification into Age Groups will be made according to WB § 152.

For all individual competitions the classification is as follows:

<b>AG 20</b>	<b>AG 25</b>	<b>AG 30</b>	<b>AG 35</b>	<b>AG 40</b>	<b>AG 45</b>
20-24 years	25-29 years	30-34 years	35-39 years	40-44 years	45 – 49 years
<b>AG 50</b>	<b>AG 55</b>	<b>AG 60</b>	<b>AG 65</b>	<b>AG 70</b>	<b>AG 75</b>
50-54 years	55-59 years	60-64 years	65 – 69 years	70 – 74 years	75-79 years
<b>AG 80</b>	<b>AG 85</b>	<b>AG 90</b>	<b>AG 95</b>		
80-84 years	85-89 years	90-94 years	95 years and older		

For all relays the classification is as follows

<b>A</b>	<b>B</b>	<b>C</b>
80 – 99 years	100 – 119 years	120 – 159 years
<b>D</b>	<b>E</b>	<b>F</b>
160 – 199 years	200 – 239 years	240 – 279 years
<b>G</b>	<b>H</b>	<b>I</b>
280 – 319 years	320 – 359 years	360 – 399 years

German Age Group records in relays will not be acknowledged if one of the swimmers belongs to Age Group 20. In a mixed relay 2 men and 2 women might start in any order.

### 3. Races

All 200 and 400 m races and all relays will be swum within the age groups according to the entry times. Where appropriate a race might be completed with swimmers from the next lower age group.

There will be only a provisional entry list for the 800 and 1500 m Freestyle. The final entry list will only be published 60 minutes before the start of the session after all cancellations have been made.

If necessary, two swimmers might have to start in one lane in the 800 and 1500 m Freestyle competition, which will be announced in the final entry list.

### 4. Awards

Medals will be awarded to the first three placed individual competitors and teams in each age group. Those placed 1 to 10 will receive a certificate. Swimmers who do not achieve their entry times will receive neither a medal nor a certificate. Their ranking will not appear in the result protocol.

Medal ceremonies will be held according to schedule in the final entry list. Certificates will be handed out together with the result protocol.

### 5. Entries

It is recommended to register using the DSV-System (lizenz.dsv.de ⇨ Team Verwaltung) or a report file (DSV format 5) on diskette respectively by email.

Otherwise typed or written in printed characters; Entries by email are favored.

For German participants only: The individual and the club's identification number must be handed in together with the entry form (as well for relay swimmers).

Incomplete entry forms or entry forms with demonstrably false details will be rejected.

### 6. Entry Address:

Ingo Tank, Bachemer Str. 169, D-50931 Köln (Phone: +49 221 2221906, E-Mail: [ingo@ingotank.de](mailto:ingo@ingotank.de))

### 7. Deadline

All entries must be received by April 4<sup>th</sup> 2012, 24:00 hours online or at the given address.

Online entries will be confirmed within a day. Entries by conventional mail will be confirmed within 3 days.

### 8. Entry Fee

The entry fee is 12 Euro for any individual race and 20 Euro for each relay. If the entry forms are sent by mail a crossed check, for the full value of the events entered, has to be enclosed.

If the entries are made online the money has to be transferred to the following account:

Heinz Feith, Sparkasse Köln Bonn, Account: 35 56 35 92, IBAN: DE 34 3705 0198 0035 5635 92, SWIFT-BIC: COLSDE 33

Purpose: „Masters – DM Lange Strecke 2012“.

The deposit slip must be brought to the competition.

## 9. Fines (ENM)

For German participants only: A fine of 24 Euro shall be imposed by the German Swimming Federation if a swimmer does not show at the race, does not complete the race or does not achieve the qualifying time. A fine will not be imposed if a swimmer waives the race at least one hour before the start of the respective race in writing at the protocol office. This waiver will be valid until the end of the competition and does include the relays. There will be no fines for relays. This fine has to be paid to the Masters Department upon request of the Disciplinary Officer or after publication in the Federation\*s monthly magazine.

A written cancellation may be handed in by April 19<sup>th</sup>, 2012 by mail (Isolde König, Rockendorfer Weg 191, D-06128 Halle) or email (isoldekoenig@web.de).

## 10. Entry List

The entry list will be published in a printable version on the website <http://schwimmen.tpsk-koeln.de>. If a printed list is desired a written order shall be handed in together with the entry forms. The list will be handed out before the competition in the protocol room.

## 11. Result Protocol

At the end of the competition the complete results will be published on the website [www.sg-essen.de](http://www.sg-essen.de). If this protocol shall be sent to a home address a stamped addressed envelope (C4) must be handed in at the protocol office.

A list of claims will be added to the protocol.

## 12. Licenses, Athletic Health, Doping Controls

For German participants only: Any participant of the German Swimming Federation has to be registered and must have a license for the year 2012 according to the License Regulations. The competition protocol will be forwarded to the License Office for a review.

A certificate of athletic health must be handed in together with the entry form. There may be Doping Controls during the competition.

## 13. Judges


All judges will be appointed by the Federation Officer in charge.

## 14. Miscellaneous

The Host and the Organizer as well as the owner will not be liable for any loss of clothing and valuables. Persons enter the venue at their own risk. Neither the owner nor the operator, the host or the organizer are liable for any accidents and consequences.

## 15. Accommodation

Cologne Tourism - Phone: +49 221 22130400 Fax: +49 221 22130401

<p><b>Masters Department</b></p> <p><b>Ulrike Urbaniak</b> Chairwoman</p> <p><b>Isolde König</b> Secretary Swimming</p>	
<p><b>Hans Molitor</b> Chairman TPS Cologne</p>	