



WAITING FOR YOU IN ROMANIA!

The Romanian Swimming Federation invites you to participate in the Romanian International Swimming Championships that shall take place in Bucharest from **May 25th until May 29th**. The competition will be held at the Olympic Swimming pool - Dinamo Bucuresti "ANATOL GRINTESCU", Ștefan cel Mare Street no. 7-9.

Participants that will compete are juniors, youth and seniors, categories legitimated at their swimming divisions.

It will be a great opportunity to compete together with the European and World top swimmers and to achieve qualifying times for Rio.

See you in Bucharest!



AWARDS

The first 6 best performances will be prized (according to the FINA long course points table) for a total amount of 28 000 € :

- ❖ 1st place – 10.000 €
- ❖ 2nd place – 7.000 €
- ❖ 3rd place – 5.000 €
- ❖ 4th place – 3.000 €
- ❖ 5th place – 2.000 €
- ❖ 6th place – 1.000 €

The first 3 places in individual and relay events in **Open** category shall receive medals;

The first 3 places in individual and relay events in **Junior** category shall receive medals;

The male and female competitor with the highest score of points (in accordance with the **table points of FINA**) shall receive a special Trophy for **Open category**;

The male and female competitor with the highest score of points (in the accordance with the **table points of FINA**) shall receive a special Trophy for **Junior category**.

TRANSPORT & ACCOMMODATION

The Organizing Committee set up a strategy bringing together comfort, easy acces to the competition venue and good prices.

Phoenicia Grand Hotel

Street: Blvd. Alexandru Serbanescu, Nr.87, Sector 1, Bucharest/Romania.

The prices are per person per day with full board (three meals a day):

- o **Single room:** 95 euro/person
- o **Double room:** 75 euro/person

Transportation from the hotel to the venue for athletes will be according to the training and competition programme.

Airport transfer:

Connecting airport: Bucharest Henri Coandă International Airport.

The Romanian Swimming Federation will provide the transfer of delegates, free of charge at the arrival and departure days.

Visas

Visiting nations should confirm visa for entry into Romania prior travelling to the event. Romanian Swimming Federation can provide specific letters of invitation if needed, but doesn't accept the responsibility for arranging visas.

ENTRY FORMS

We would appreciate the early confirmation of your intention to participate or not.

Deadlines for the Entry Forms are as follows:

Form A: Accommodation form must be returned before	29.04.2016
Form B: Preliminary Entry form must be returned before	29.04.2016
Form C: Travel form return before	13.05.2016
Sport entries : return before	16.05.2016

FEDERATIA ROMANA DE NATATIE SI PENTATLON MODERN
Romanian Swimming and Modern Pentathlon Federation
OFFICE – Headquarter
Bucharest, Maior Coravu 34-36, District 2
Phone & Fax No.: +40213249235
Email: contact@frnpm.ro frnpm@swimming.ro



ROMANIAN INTERNATIONAL SWIMMING CHAMPIONSHIPS
25th -29th MAY 2016, Bucharest/Romania
PROGRAMME

Wednesday 25th	
Heats, 10.00 hrs. 1. 4x100m Freestyle mixed 2. 50 m Backstroke women 3. 50 m Backstroke men 4. 400 m Medley women 5. 400 m Medley men 6. 100 m Butterfly women 7. 100 m Butterfly men 8. 1500 m Freestyle women – slow heats 9. 800 m Freestyle men – slow heats	Finals, 17.00 hrs. <ul style="list-style-type: none"> • 50 m Backstroke women • 50 m Backstroke men • 400 m Medley women • 400 m Medley men • 100 m Butterfly women • 100 m Butterfly men • 4x100m Freestyle mixed
Thursday 26th	
Heats, 10.00 hrs. 10. 100 m Freestyle men 11. 100 m Freestyle women 12. 100 m Breaststroke men 13. 100 m Breaststroke women 14. 200 m Butterfly men 15. 200 m Butterfly women 16. 4x200 m Freestyle men 17. 4x200 m Freestyle women	Finals, 17.00 hrs. <ul style="list-style-type: none"> • 800m Freestyle men – fast heat • 1500 m Freestyle women - fast heat • 100 m Freestyle men • 100 m Freestyle women • 100 m Breaststroke men • 100 m Breaststroke women • 200 m Butterfly men • 200 m Butterfly women • 4x200 m Freestyle men • 4x200 m Freestyle women
Friday 27th	
Heats, 10.00 hrs. 18. 4x100m Medley mixed 19. 200 m Freestyle women 20. 200 m Freestyle men 21. 50 m Breast women 22. 50 m Breast men 23. 100 m Backstroke women 24. 100 m Backstroke men 25. 800 m Freestyle women – slow heats 26. 1500 m Freestyle men – slow heats	Finals, 17.00 hrs. <ul style="list-style-type: none"> • 200 m Freestyle women • 200 m Freestyle men • 50 m Breast women • 50 m Breast men • 100 m Backstroke women • 100 m Backstroke men • 4x100m Medley mixed
Saturday 28th	
Heats, 10.00 hrs. 27. 200 m Backstroke men 28. 200 m Backstroke women 29. 50 m Butterfly men 30. 50 m Butterfly women 31. 200 m Breast men 32. 200 m Breast women 33. 4x100 m Freestyle men 34. 4x100 m Freestyle women	Finals, 17.00 hrs. <ul style="list-style-type: none"> • 1500 m Freestyle men - fast heat • 800 m Freestyle women - fast heat • 200 m Backstroke men • 200 m Backstroke women • 50 m Butterfly men • 50 m Butterfly women • 200 m Breast men • 200 m Breast women • 4x100 m Freestyle men • 4x100 m Freestyle women
Sunday 29th	
Heats, 10.00 hrs. 35. 50 m Freestyle women 36. 50 m Freestyle men 37. 200 m Medley women 38. 200 m Medley men 39. 400 m Freestyle women 40. 400 m Freestyle men 41. 4x100 m Medley women 42. 4x100 m Medley men	Finals, 17.00 hrs. <ul style="list-style-type: none"> • 50 m Freestyle women • 50 m Freestyle men • 200 m Medley women • 200 m Medley men • 400 m Freestyle women • 400 m Freestyle men • 4x100 m Medley women • 4x100 m Medley men