



## SPORTS INFORMATION GUIDE: COMPETITION VERSION 1.0

Swimming.

### 1.0 Competition Dates

Swimming competition for World Masters Games 2017 (WMG2017) offers each athlete the opportunity to compete in Pool and/or Open Water disciplines at the Games, as per the following dates;

|               | 21/4<br>Fri    | 22/4<br>Sat    | 23/4<br>Sun    | 24/4<br>Mon    | 25/4<br>Tue    | 26/4<br>Wed    | 27/4<br>Thu    | 28/4<br>Fri | 29/4<br>Sat | 30/4<br>Sun    |
|---------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|-------------|-------------|----------------|
| Pool          | 1000 -<br>1600 | 1100 -<br>1600 | 1000 -<br>1600 | 1100 -<br>1600 | 1200 -<br>1700 | 1100 -<br>1600 | 1100 -<br>1600 |             |             |                |
| Open<br>Water |                |                |                |                |                |                |                |             |             | 0800 -<br>1400 |

### 1.1 Pool - Provisional Swimming programme

The following provisional Swimming programme has been developed:

| Date                    | Provisional events to be contested             |
|-------------------------|--|
| Friday 21 April 2017    | 800m Freestyle                                 |
| Saturday 22 April 2017  | 200m Individual Medley – includes Para-Sport   |
|                         | 100m Breaststroke – includes Para-Sport        |
|                         | 4 x 50m Mixed Medley Relay                     |
| Sunday 23 April 2017    | 400m Freestyle – includes Para-Sport           |
|                         | 100m Backstroke – includes Para-Sport          |
|                         | 50m Butterfly – includes Para-Sport            |
| Monday 24 April 2017    | 200m Freestyle – includes Para-Sport           |
|                         | 50m Backstroke – includes Para-Sport           |
|                         | 4 x 50m Mixed Freestyle Relay                  |
| Tuesday 25 April 2017   | 200m Butterfly                                 |
|                         | 200m Backstroke                                |
|                         | 150m Individual Medley – Para-Sport only       |
|                         | 400m Individual Medley                         |
| Wednesday 26 April 2017 | 100m Freestyle – includes Para-Sport           |
|                         | 50m Breaststroke – includes Para-Sport         |
|                         | 100m Butterfly – includes Para-Sport           |
|                         | 4 x 50m Medley Relay                           |
| Thursday 27 April 2017  | 200m Breaststroke                              |
|                         | 50m Freestyle – includes Para-Sport            |
|                         | 4 x 50m Freestyle Relay                        |
| Sunday 30 April 2017    | 1.5km Open Water (Championship & Recreational) |
|                         | 2.5km Open Water (Championship & Recreational) |
|                         | 5.0km Open Water (Championship & Recreational) |

Whilst every effort will be made to retain the provisional programme, the final programme will not be released until April 2017, following the close of individual registrations. Changes may result, pending final entries in each event and age category.

## **2.0 Venue Details**

WMG2017 Swimming competition takes place across two competition venues, depending on the discipline:

|                              |   |
|------------------------------|---|
| <b>Venue Name</b>            | AUT Millennium – Sir Owen G Glenn National Aquatic Centre   |
| <b>Discipline hosted</b>     | Pool Events   |
| <b>Venue Information</b>     | 14 Antares Place, Rosedale, Auckland 0632;<br>located just over 15km north of central Auckland.   |
| <b>Transport Information</b> | As parking is very limited at the venue, WMG2017 strongly recommends the use of public transport. Please see the <a href="#">Transport Information Guide</a> for more detailed transport information. |

The indoor 50m competition pool was completed in 2015 and has played host to a range of regional and national swimming events.

|                              |  |
|------------------------------|--|
| <b>Venue Name</b>            | Takapuna Beach   |
| <b>Discipline hosted</b>     | Open Water   |
| <b>Venue Information</b>     | The Strand, Takapuna, Auckland 0740;<br>located approximately 9km north of central Auckland.   |
| <b>Transport Information</b> | Due to limited parking, WMG2017 recommend considering alternative transport options or carpooling. However, if unavoidable limited on-street parking is available. Please see the <a href="#">Transport Information Guide</a> for more detailed transport information. |

A range of temporary infrastructure will be in place for the event. The venue will also play host to the Surf Life Saving competition and selected Canoe discipline events.

### **2.1 Medical Services**

Medical services will be provided at all WMG2017 competition venues at a level appropriate to the sport being conducted.

### **2.2 Amenities**

Food & beverage options, toilets, showers and change facilities will be available at both venues. There will be an option to leave your belongings in an allocated area at Takapuna Reserve.

## **3.0 Competition Format**

The WMG2017 Swimming competition consists of two disciplines – Pool and Open Water. All registered athletes in Swimming can compete in both disciplines.

The event will be conducted in line with the competition rules of the International Aquatics Federation (FINA) and International Paralympic Committee (IPC) Swimming, or as otherwise specified in this document.

In line with the sport specific rules, an athlete must compete in their designated age group, with their age determined as at 31 December 2017. For example, if you are 39 during Games time but have turned 40 by 31 December, you would compete in the 40-44 age category.

### 3.1 Pool

Events will be swum as timed finals, seeding of timed-finals will be according to the swimmers submitted entry times. Lanes shall be assigned in descending order of submitted times within each heat. The awarding of medals will not be affected, that is, individuals will be awarded medals in the age category in which they originally entered.

For all Pool events, withdrawals will be considered a DNS (Did Not Swim), and lanes will remain empty. No 'on the day' entries will be accepted if other athletes withdraw.

### 3.2 Event selection

Each athlete can enter up to five individual and four relay Pool events (in addition to entering an Open Water event). All Pool events will be conducted in a long course 50m competition venue. The following Pool events are offered:

| Discipline | Event                                 | Age Categories  |
|------------|---------------------------------------|---|
| Pool       | 50m, 100m, 200m Butterfly             | Men's / Women's:<br>25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+ |
| Pool       | 50m, 100m, 200m Backstroke            | Men's / Women's:<br>25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+ |
| Pool       | 50m, 100m, 200m Breaststroke          | Men's / Women's:<br>25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+ |
| Pool       | 50m, 100m, 200m, 400m, 800m Freestyle | Men's / Women's:<br>25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+ |
| Pool       | 200m, 400m Individual Medley          | Men's / Women's:<br>25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+ |
| Pool       | 4 x 50m Freestyle Relay               | Men's / Women's:<br>100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360+   |
| Pool       | 4 x 50m Mixed Freestyle Relay         | Mixed:<br>100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360+   |

| Discipline | Event                      | Age Categories   |
|------------|----------------------------|--|
| Pool       | 4 x 50m Medley Relay       | Men's / Women's:<br>100-119, 120-159, 160-199, 200-239, 240-279, 280-319,<br>320-359, 360+ |
| Pool       | 4 x 50m Mixed Medley Relay | Mixed:<br>100-119, 120-159, 160-199, 200-239, 240-279, 280-319,<br>320-359, 360+           |

### 3.3 Para-Sport

The following Para-Sport events are offered in the Pool discipline:

| Discipline        | Event                           | Age Categories                                   |
|-------------------|---------------------------------|--|
| Para-Sport - Pool | 50m, 100m Backstroke            | Men's / Women's: 25-34, 35-44, 45-54, 55-64, 65+ |
| Para-Sport - Pool | 50m, 100m Breaststroke          | Men's / Women's: 25-34, 35-44, 45-54, 55-64, 65+ |
| Para-Sport - Pool | 50m, 100m Butterfly             | Men's / Women's: 25-34, 35-44, 45-54, 55-64, 65+ |
| Para-Sport - Pool | 50m, 100m, 200m, 400m Freestyle | Men's / Women's: 25-34, 35-44, 45-54, 55-64, 65+ |
| Para-Sport - Pool | 150m, 200m Individual Medley    | Men's / Women's: 25-34, 35-44, 45-54, 55-64, 65+ |

To enter in a Para-Sport event at the Games, you must be able to meet minimum disability criteria. Please review the Para-Sport Classification requirements in the Para-Sports Information Guide and where an athlete has an existing recognised national or international classification, please indicate this as part of the registration process. If an athlete is not able to meet these requirements, registration will be transferred to the open section of the competition.

Each Para-Sport event will be offered in the International Paralympic Committee recognised classifications for Swimming. Heats are combined with applicable able-bodied events and run as timed finals, where swimmers will be seeded according to their submitted entry time. Lanes shall be assigned in descending order of submitted times within each heat. The awarding of medals will not be affected, that is, individuals will still be awarded medals in the age category and classification in which they originally entered.

### 3.4 Relays

For each relay team to be confirmed, four athletes need to be registered. In a Mixed Relay, each team must comprise two male and two female athletes. The combined age of the four athletes, determines the age category in which the relay team will compete. New people joining existing relay teams is permitted up to and including 31 March 2017.

WMG2017 strongly recommend submitting relay team entries prior to registrations closing, however some late entries may be accepted up until the close of the second day of Pool competition – 4 pm Saturday 22

April 2017. Note: late entries will only be accepted if there are empty lanes in any of the heats of your chosen relay event. Additional heats will not be added for late relay entries.

The swimming order of all relay teams will be verified by WMG2017 competition organisers in March 2017. Mixed relays are permitted to be swum in any Male/Female order. Relay teams may change their nominated order up to the deadline of the end of warm up on the day of their event. This will be done by completing a hard copy form available at the venue.

### 3.5 Competition seeding

There are no pre-determined qualification standards to compete in the Swimming competition at WMG2017. To assist with competition scheduling, during the registration process, each athlete is requested where prompted to enter a 'Best' time within the last 24 months, if you have not competed in this event during this period, please leave blank. Athletes who do not provide a time when registering will be seeded in the slowest heats.

### 3.6 Timed Finals - Pool

All Swimming events will be conducted as straight timed finals.

Each event (e.g. Men's 800m Freestyle) will be seeded into heats based on the 'Best' recent time provided during the registration process. This will result in the combination of age categories in heats, however the fastest three athletes in each age category for each event will be awarded competition medals following the completion of the event.

Starts in Pool events will be 'over the top' – athletes from the previous race will stay in the water until the next race has started (excluding 50m events, where swimmers will be asked to leave the pool immediately). The one start rule will apply for all events.

### 3.7 Open Water

The Open Water event will be conducted as a sea swim off Takapuna Beach. Each athlete can enter up to two distances and one age category of the following Open Water events - either in a Championship (Non-Wetsuit) or Recreational (Wetsuit permitted) competition:

| Discipline | Event  | Age Categories   |
|------------|--|--|
| Open Water | Championship (Non-Wetsuit):<br>1.5km, 2.5km or 5.0km       | Men's / Women's:<br>25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69,<br>70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+ |
| Open Water | Recreational (Wetsuit permitted):<br>1.5km, 2.5km or 5.0km |  |

Athlete's intending on entering multiple Open Water events are advised to enter the 1.5km and 5km events as these starts are the furthest apart.

While no seeding will occur for the Open Water event, all athletes are still requested to provide a 'Best' time during the registration process. This will assist WMG2017 Swimming with scheduling of each age category and distance. Certain time restrictions may be put in place for the completion of each event, and an athlete may be withdrawn from the event for safety reasons if exceeding identified time limits or due to water conditions.

The Championship event will comply with FINA rules, whereas the Recreational event will permit athletes to wear a wetsuit whilst competing. Medals will be awarded in both events at the Games.

### **3.8 Water temperature regulations**

The Open Water event will comply with FINA regulations regarding water temperature. If the Championship event is cancelled on the day due to water temperature, athletes will be permitted to transfer into the Recreational (wetsuit) category.

### **3.9 Timed Finals – Open Water**

Open Water events will be held as a straight timed final. No heats will be held and age categories may be combined into the same race/wave.

### **3.10 Technical Delegate**

The International Masters Games Association has endorsed the appointment of Lesley Huckins (NZL) to act in the role of Technical Delegate for the Pool Swimming competition, and John West (NZL) to act as the Technical Delegate for the Open Water event. The Technical Delegates will oversee the implementation of all sport specific rules and requirements at the Games.

## **4.0 Equipment**

### **4.1 Timing chips – Open Water**

Timing chips for the Open Water event can be collected from the Pool venue (AUT Millennium) on 26 and 27 April. Following this, collection will be available at Takapuna Beach Reserve on Saturday 29 April and on the morning of the event (Sunday 30 April).

Timing chips must be worn on the wrist, and are not permitted to be worn on ankles. Athletes who lose or fail to return their timing chips will incur a NZD\$30 replacement fee.

## **5.0 Clothing / Uniforms**

### **5.1 Wetsuit, caps & goggles**

All athletes competing in both Pool and/or Open Water Championship (Non-Wetsuit) events must comply with FINA regulations in relation to swim suit, caps and goggles. Each athlete is responsible for providing their own swim suit and equipment for warm-up, competition and training.

Those athletes choosing to compete in the Open Water Recreational (Wetsuit permitted) event, must provide their own wetsuit.

All athletes competing in an Open Water event are required to compete in a swim cap. This will be provided by the WMG2017 Swimming Organising Committee.

## **6.0 Warm-up and Training**

### **6.1 Warm up - Pool**

The competition pool at AUT Millennium will be available for athlete warm-up for one hour prior to the commencement of each session, and will close 15 minutes before the start of the first scheduled race.

A separate warm up pool at AUT Millennium will be available to athletes throughout each competition day.

### **6.2 Athlete training - Pool**

Athletes wishing to train prior to Friday 21 April, or during competition but outside of session hours are advised to book lane access directly via the AUT Millennium [website](#). Alternatively, athletes are advised to contact one of the Auckland Council leisure facilities for training, via this [website](#) (note that Gold and Silver package holders have free access to these facilities as part of their registration).

## **7.0 Results**

### **7.1 Results display**

All results will be displayed at each venue via a noticeboard and online via the WMG2017 website.

### **7.2 Medal Ceremonies**

Medal ceremonies for all age categories will follow each event.

Due to the timing of the WMG2017 Opening Ceremony and the first Pool session on Friday 21 April, there is the potential for some Men's 800m Ceremonies to be conducted on the following day of competition to allow all athletes to attend the Opening Ceremony.

### **7.3 Records**

No sport specific records are kept from previous editions of the World Masters Games and there is no plan to capture new records as part of World Masters Games 2017. All World Masters Games 2017 competitions will be conducted in accordance with the relevant international sport rules (or identified variations).

### **8.0 Anti-Doping**

Drug Free Sport New Zealand is the recognised National Anti-Doping Organisation (NADO) in New Zealand and will implement the WMG2017 anti-doping programme on behalf of the International Masters Games Association (IMGGA). In accordance with the [Participation Terms and Conditions](#), all Participants are subject to the [IMGGA Anti-Doping Rules](#). Participants should also be familiar with sport-specific anti-doping rules. For more information on anti-doping at WMG2017, click [here](#).

### **9.0 Registration / Check-in**

#### **9.1 Pool – Registration**

Swimmers will need to marshal 4 heats ahead for all events with the exception of the 50m races, where athletes will be required to be at marshalling 6 heats prior to schedule races.

#### **9.2 Open Water**

Wave start times will be published in April 2017, with athletes advised to arrive one hour prior to their wave start.

A safety briefing will occur 15 minutes before each event.

### **10.0 Insurance**

It is the athlete's responsibility to secure private travel and medical insurance to cover any liabilities associated with their travel and accommodation in relation to attending or participating in their sport/event.

### **11.0 Further Information**

All participants are encouraged to monitor the WMG2017 website at [www.worldmastersgames2017.co.nz](http://www.worldmastersgames2017.co.nz) and other Games communication channels to find out all of the latest information.



### **11.1 Enquiries**

General enquiries - [contactus@wmg2017.co.nz](mailto:contactus@wmg2017.co.nz)

Swimming-related enquiries - [Swimming@wmg2017.co.nz](mailto:Swimming@wmg2017.co.nz)

### **11.2 Ceremonies and Social Events**

The Opening Ceremony is scheduled for the evening of Friday 21 April 2017 with the Closing Ceremony on the evening of Sunday 30 April 2017.

### **11.3 Games Accreditation**

Games Accreditation can be collected from the Accreditation Centre (Queens Wharf) from 16 – 30 April 2017.

Accreditation will be required to access the Opening Ceremony, participant-only social functions and the Pool deck at AUT Millennium. Any non-accredited individuals will be permitted in the upper seating deck only.

### **11.4 Important Documents**

WMG2017 recommend that all athletes thoroughly read and print their Sports Information Guide, Transport Information Guide and any other relevant materials (ie. Course Maps), as these materials will not be available at the Competition Venue or Accreditation Centre.