

I FEEL
SLOVENIA



KRANJ



MM
PINGVINČEK
KRANJ SLOVENIJA



INTERNATIONAL SWIMMING MEET
PENGUIN '18 SLO - Kranj
24. - 25. MARCH 2018

We are looking forward to meeting you!

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SLOVENIA



KRANJ



Organizer of the competition:

PLAVALNI KLUB KRANJ

Trg Rivoli 3

4000 Kranj, Slovenija

T: +386 (0)40 467 853 in +386 (0)40 467 854

e-mail: pk.kranj@gmail.com

web: www.pingvincek.si



Place of competition:

Name: In-door Olympic pool Kranj,

Address: Partizanska cesta 39, 4000 Kranj, Slovenija

Technical data:

Swimming pool 50m, 10 lanes, depth 2.2m, temperature 26.5°C

Timing:

"Omega Electronic" PZS Timing

Age categories:

CAT.	Male	Female
A	2001 and older	2002 and older
B	2002 - 2003	2003 - 2004
C	2004 - 2005	2005 - 2006
D	2006 and younger	2007 and younger

Competition regulations:

Championship will be held according to PZS, LEN and FINA regulations.



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Competition Program:

Heats	Final
Warm up: 8.00	Warm up: 16.00
Competition: 9.00	Competition: 17.00

1. day - Saturday

Discipl.	Stile	Heats	Final
50 m	breaststroke	A,B,C,D	A Final B Final (open)
50 m	freestyle	A,B,C,D	
100 m	backstroke	A,B,C,D	
200 m	freestyle	A,B,C,D	
100 m	butterfly	A,B,C,D	
200 m	breaststroke	A,B,C,D	
200 m	medley	A,B,C,D	
4x100m	free relay (Male); (Female)		(open) 1 group
1500 m	freestyle (Male)	(open) slower group 1 group	(open) faster group 1 group
800 m	freestyle (Female)	(open) slower group 1 group	(open) faster group 1 group

2. day - Sunday

Heats	Final
Warm up: 8.00	Warm up: 16.00
Competition: 9.00	Competition: 17.00

Discipl.	Stile	Heats	Final
50 m	butterfly	A,B,C,D	A Final B Final (absolutno/open)
50 m	backstroke	A,B,C,D	
400 m	freestyle	A,B,C,D	
200 m	butterfly	A,B,C	
100 m	breaststroke	A,B,C,D	
200 m	backstroke	A,B,C,D	
100 m	freestyle	A,B,C,D	
400 m	medley	(open) slower group	(open) faster group 1 group
4x100m	medley relay (Male); (Female)		(open) 1 group



Entry Fee:

5 EUR per individual start

The entry fees can be paid only at the administration office before the beginning of the competition.

Entries:

Entries until **Wednesday 21st March 2018** to the address or email (preferred LENEX file).

Cancellations:

Until **Thursday 22nd March 2018** until 8.00 p.m.

Competition system:

The championship itself includes the qualifying rounds in the morning and finals in the afternoon. In the afternoon finals will compete in Absolute Category (Open) **A** and **B** final. The final performances will be performed sixteen (16) fastest swimmers in the Absolute Category. The eight (8) best competitors of Absolute Category in the preliminary rounds will compete in the afternoon **A** finals and the other eight (8) competitors, will compete in **B** finals.

The exceptions are: the 800 m/1500 m freestyle and 400 m individual medley, where the competitors will be grouped according to the submitted time results (best 16). The last group of the above mentioned events will, however, compete in the afternoon (final) part of the competition.

In the afternoon finals in relays (Absolute category) will swim only eight (8) fastest teams, according submitted time results.

Prizes:

The best three competitors from category of B,C,D in each event (with regards to the preliminary competition results) shall be awarded with medals, except in the events (800 m / 1500 m free style and 400 m medley) which are valid only for the open class. The best three competitors in an open class in the afternoon (final) part of the competition will be awarded with the medals in each event.

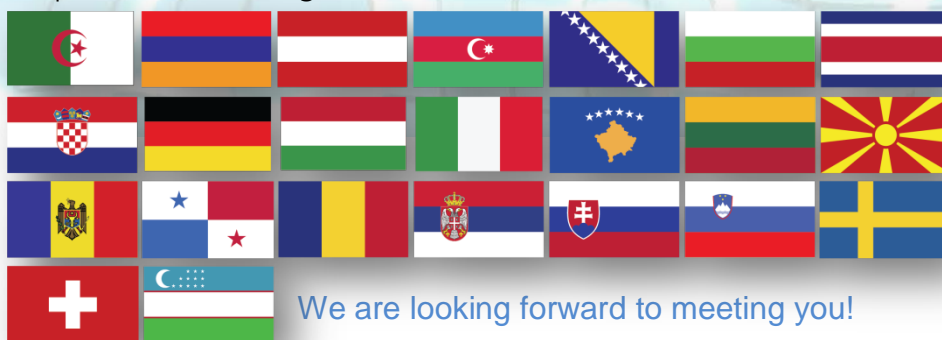
Best female and male competitors in category A,B,C in D, who will by FINA Score tables gain the highest sum of points in four (4) best results in both days, will be awarded.

First three relay teams will be awarded with medals.

Information:

All other informations, please write to pk.kranj@gmail.com

Participants on MM Penguin (2013 – 2017) 23 Nations.



We are looking forward to meeting you!

Accommodations:

HOTEL MARINŠEK ★★★
N A K L O

Prenočišča
Gostišče
Pizzerija
Fitnes
Bowling

N Glavna cesta 2, 4202 Naklo
T + 386 5 9234 100
F + 386 4 2577 720
E info@marinsek.net
W www.hotel-marinsek.net

The Hotel Marinšek Naklo is located near the main Slovenian traffic road (Exit 7 or Exit 8), only 5 kilometres north-west of the picturesque city of Kranj and 12 kilometres from the Jože Pučnik Ljubljana Airport. Our hotel is known as an excellent starting point for visits of the capital city and other tourist pearls of Slovenia, such as Bled, Bohinj and Kranjska Gora.

Our guests may choose between 61 modern furnished rooms of different type that are located in a quiet rural area. The Hotel Marinšek offers its guests various extra services, such as: relaxation in wellness oasis, workout in fitness or an entertaining game of bowling and billiards. Guests can also dine in our restaurant, where they will have a chance to taste the traditional home and international dishes and dishes from the wood-fired oven.

The Hotel Marinšek is an excellent starting point for the various sports activities (mountain climbing, alpine skiing, cycling ...) and sightseeing of natural and cultural heritage. Furthermore, it is also suitable for business travellers, families and those who wish to take a short one-day break after a longer period of driving.

ROOMS

Hotel Marinšek offers 61 rooms of different types, which provide everything you need to feel comfortable and enjoy a peaceful and carefree stay. We offer single and double rooms, as well as rooms with three or four beds and two very comfortable hotel suites. All rooms are air-conditioned and have:

- Bathrooms with showers
- Cable TV with an LCD screen
- Direct landline
- Mini bar
- Wireless internet access
- Most rooms have their own balcony

The prices for fullboard Accommodation at Hotel Marinšek, Naklo:

- person /Room, one bed: 44,80 € / day
- person /Room, two bed: 36,75 € / day
- 1.15 (tur. Tax and insurance.)

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