INVITATION 25th OPEN MASTERS SWIMMING CHAMPIONSHIP "THE SECOND BREATHE"

Aim of the competition and tasks:

- 1. To improve sportsmanship of master swimmers.
- 2. To promote swimming sport and healthy life style.
- 3. To strength a friendship between the various national master swimming clubs and master swimmers.

Administration of the competition:

The competition is organized by the swimming club "AQUA".

The competition supported by Valmiera City Municipality and Valmiera Olympic centre Swimming pool.

Competition is certified generally in accordance with FINA rules and under the event regulations Automatic competition management and timing system will be used (OMEGA Quantum Aquatics) Head referee – V.Sirjajevs

Participants:

Competition is open to all registered Masters Swimmers 25 years of age and over.

The age of competitors is determined as of 31st December 2022.

Age groups for individual events are as follows:

A 25 – 29; B 30 – 34; C 35 – 39; D 40 – 44; E 45 – 49; F 50 – 54; G 55 – 59; H 60 – 64; I 65 – 69; J 70 -

<u>Each participant bears personal responsibility for health condition and must confirm it by signing special form at the registration.</u>

The competition time and location:

 $May 28^{th} - 29^{th}, 2022$

Valmiera swimming pool /25m 8 lines/

Address: Cempionu iela 4, Valmiera LV-4201, Latvia

Schedule:

Saturday, May 28th
13:30 Warm up
14:00 Competition

Sunday, May 29th
9:30 Warm up
10:00 Competitions

 200m Free W, M.
 50m Free W, M.

 200m Breast W, M.
 50m Back W, M.

 200m Fly W, M.
 50m Breast W, M.

 200m Back W, M.
 50m Fly W, M.

 200m, IM W, M.
 Relay 4 x 25m (2+2)

 400m IM W, M.

400m IM W, M. 400m Free W, M.

800m Free W, M.

Awarding:

All participants will be awarded with Diploma and medal.

Top 6 women and **top 6 men** will be awarded **with prizes**. Rating according to points of master swimming calculator system for 1 race with the best result.

Entry fees:

15,- € Entry fee for competition should be paid by arrival on May 28th, till 13:30

Entries:

Final Entries should be submitted using the Online Entry System that can be found on the address: https://www.swimrankings.net/manager/.

Entry Reports must be sent by the team representative by 24th May by e-mail to the address aiva.mikelsone@inbox.lv

Last corrections must be sent by 8pm, 26th May.

Entries sent after the deadline will not be accepted.

Evening party:

20,-€, evening party should be paid by arrival on May 28th, till 13:30

Suggested accommodation in Valmiera:

- 1. SPORTS HOTEL <u>www.sportshotel.lv</u> (0,05km from the swimming pool)
- 2. STADIUM HOTEL https://janadalinastadions.lv/stadium-hotel/ (4,00km from the swimming pool)
- 3. Bestes Apartamenti https://www.booking.com/hotel/lv/bestes-apratamenti.en-gb.html?fbclid=IwAR0fcLwC4JaglEU0cjiB8HQI5W2wtH3QZGb8N32AnLqVYbwSjcVykBK https://www.booking.com/hotel/lv/bestes-apratamenti.en-gb.html?fbclid=IwAR0fcLwC4JaglEU0cjiB8HQI5W2wtH3QZGb8N32AnLqVYbwSjcVykBK https://www.booking.com/hotel/lv/bestes-apratamenti.en-gb.html?fbclid=IwAR0fcLwC4JaglEU0cjiB8HQI5W2wtH3QZGb8N32AnLqVYbwSjcVykBK https://www.booking.com/hotel/lv/bestes-apratamenti.en-gb.html https://www.booking.c